Ātmajñāna Yajña 'Atma Tattva & Parabrahma Tattva'

July 16th & 17th, 2011, Chennai, India

Yajna-Acharyas: Dr Sankara Bhagavadpada Ayurvedacharya Dr Sunil Joshi

In this Concluding Part, Dr S Bhagavadpada teaches 'Atma Tattva' and 'Parabrahma Tattva', from Srimad Bhagavad Gita, Chapters II [The Yoga of Understanding] and XIII [Differentiation of 'the Known', from 'the Knower']. His aim is to awaken us to our true nature, the Atma, the Imperceptible Inner Self. Many great Spiritual Masters have also deeply addressed this question in every age. Dr S Bhagavadpada approaches this time-honored problem of 'awakening & Self-Realization' in the spiritual life, in his inimitable, direct & systematic manner, using the Hindu scripture of the Bhagavad Gita, but now, in an original way as a 'Moksha Shastra' & blending this with the teachings of all his Spiritual Masters, and illustrating the same with astounding examples from his own life. Thereby, he has kindled a bold new line of enquiry [Atmavichara] in this Atmajnana Yajna, which according to him, is the 'Yoga of Understanding'.

In breaking this new ground, he has moved away from the approach of the staunch religious traditionalist, who, though happily walking on the path of devotion, is nevertheless also hemmed in, intimidated & constricted by the religious authority of lofty traditions; as much as he has rejected the much more dangerous approach of the modern, faithless skeptical, rational enquirer, who, bereft of devotion & sensitivity to spiritual

traditions, veers headlong towards religious heterodoxy & ultimately even towards *Maya*. He has intelligently steered clear of both pitfalls, to which the orthodox and the heterodox seekers are respectively prone, and asks us to choose our own path for an auspicious spiritual fulfillment, taking full cognizance of our innate inclinations. He also draws parallel lessons in 'ultimate reality' as understood in Theoretical Physics, from modern Quantum Field Theory. This *Atmajnana Yajna* will be a real feast for those still enquiring, and still in search of 'That Light'- that they themselves truly are.

Dr S Bhagavadpada's Research, his Spiritual & Astrological Work: In his younger years, Dr S Bhagavadpada, was a researcher in Theoretical nuclear Physics [doctoral research from TIFR (1971-1979), Mumbai; & Alexander Von Humboldt Researcher in Germany (1980-1982)]. These were also meditative & introspective years. Thus, he had the inner calling to serve his philosopher-friend, who later became known as the Spiritual Master Sri Sri Bhagavan - as a Karmayogi & as an Acharya in his mission- which he did for 16 yrs (1983-1999). During the following Antarmukha years [1999-2011], he devoted his undivided attention to Jyotisha [Vedic Astrology], Atmavichara & Atmajnana, through an inner calling once again, & after he had withdrawn from an active involvement in the mission work of his Spiritual Master. Some four years ago, Dr S Bhagavadpada was conferred the title of Jyotish Ratan by Professor V K Choudhry, the renowned Vedic Astrologer and Founder of the Systems Approach to Vedic Astrology, in recognition of his significant contributions to Vedic Astrology.

The present DVD is the complete (unabridged) version of the last part of the set of 3 DVDs. That set of 3 DVDs is itself, a carefully edited abridgement of the original set of 13 DVDs. The added running sub-titles make it so easy for us to follow closely the changing themes.